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Fairhaven Health Prenatal Care Review & Giveaway

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Company Overview:

Fairhaven Health – Every step of the way

"Having a baby is among the most miraculous moments in life. And when it comes to preconception and pregnancy, Fairhaven Health is with you every step of the way – offering a tradition of unsurpassed product quality, service, and a compassion for each customer's unique journey to parenthood.

In the U.S., there are more than 11 million couples trying to conceive at any given time. Of those couples, many will face fertility obstacles or frustrating delays, and 1 in 5 will encounter some formal difficulty in becoming pregnant. Even young couples in the best of health have only a 15% to 20% chance of conceiving each menstrual cycle. And with couples trying to conceive later in life, many couples are likely to experience issues conceiving simply due to the fact that fertility declines as we age.

Our mission at Fairhaven Health is to develop products designed to safely and naturally promote fertility, pregnancy wellness, and breastfeeding success. And for years now, we've been achieving that important goal. From preconception through pregnancy and nursing, Fairhaven Health is there – every step of the way – to provide clinically-proven products to help you along your journey to parenthood. As a trusted leader in the field of reproductive health, our products are cooperatively developed and formulated by a diverse panel of medical experts – including doctors, ObGyns, nutritionists, and naturopaths. Noted fertility expert, Amos Grunebaum, MD, plays a pivotal role in formulating our FertilAid, FertileCM, FertilTea, and Pregnancy Plus product lines.

Most importantly, Fairhaven Health cares about product efficacy and quality. That's another way of saying we care about our customers and their special journeys. We integrate the best of both worlds, bringing together traditional Western (allopathic) medicine with clinically-supported research in herbal/homeopathic fields. All of our supplement products are based on clinically-established science and all manufacture is governed by strict GMP standards and third-party quality testing. Significantly, our FertilAid for Men product was tested in double-blind placebo-controlled study – and showed remarkable, research-advancing results in improving key male fertility parameters like sperm count and motility.

Our product lines follow the natural progression from preconception to pregnancy to nursing. Our preconception products focus on fertility awareness and ovulation prediction, helping couples learn about their fertility and anticipate when they are most likely to conceive. Our popular dietary supplements, like FertilAid & FertileCM, provide balance and support enhanced fertility for both women and men. Once couples receive the good news, products like Pregnancy Plus Prenatal, Pregnancy Plus Cal-Mag, and Pregnancy Plus Omega3 promote the prenatal health of a developing baby and help ensure pregnancy wellness for the mother. And, we are also dedicated to helping moms reach their breastfeeding goals, and have a line of products, including Nursing Blend and Nursing Time Tea, to encourage breastfeeding success.

Located in the historic district of Bellingham, Washington, Fairhaven Health unites integrity and quality with sensible pricing – offering an unparalleled tradition of value and success to both our customers and our distributors. Our distribution partners comprise a reputable circle of health product retailers and fertility solution providers, including drugstore.com, CVS.com, walgreens.com as well as pharmacies and clinics nationwide. We also welcome small specialty retailers as well as established medical partners – from the smallest pregnancy boutiques to major fertility clinics and education centers."

When Fairhaven Health offered to send me some of their pregnancy product line (at no cost to facilitate a review)! I was excited!

Belly Rest pregnancy pillow

Baby #4 is currently in the oven and I couldn't be happier about finding this pillow, and maybe a little annoyed. I'm happy because it's a rather fantastic pillow, so comfortable and takes up so little space. I'm a little annoyed that I hadn't discovered it with my previous pregnancies. While I can't complain about the effectiveness of a body pillow that I've used with my previous pregnancies, it's just so BULKY! My poor husband already has to give up a little more space in the bed with me growing a child and expanding in every which way, a body pillow takes up even more room on top of that. When I opened up my package to discover just how small the pillow was, I admit I didn't think that it would do the trick. Looks can be deceiving because it does actually work, and quite well. I'm in love with the belly support that it gives you and not only does it do that but it gives your lower back support which is heavenly. The other nice thing about having a pillow on either side is that it allows for flipping from side to side in the middle of the night to be so easy. Instead of having to twist, turn, squeeze and practically will your body pillow to go in the same direction as you and NOT take all of the sheets at the same time, you just simply turn over and you still have the same support on either side of you. I will say the one and only way the body pillow wins over the Belly Rest pillow is that it offers support between your knees, which for me is such a necessity in the later stages of pregnancy. My solution though, was grabbing a pillow and placing it between my knees, giving my knees and hips the support that they need.



Features:

- Small – Most pregnancy pillows are huge and seem to take up half of the bed. In contrast, the compact Belly Rest Pregnancy Pillow allows you to sleep comfortably while still in the same zip code as your dear spouse. In addition to being good for your marriage, it's also great for travel. At under a pound, the Belly Rest provides you with the ultimate in discreet portability.
- Adjustable – We all know that pregnancy is not a static condition: bellies start small and grow large over the course of nine months. The adjustable Belly Rest is designed to accommodate your belly in all its glorious states, from bump to, ahem, larger bump...
- Comfortable – During development of the Belly Rest, fourteen different prototypes were tested on nine different pregnant women (humanely, mind you – no pregnant women were harmed in the development of the Belly Rest). The result of this painstaking process was a pillow that has routinely been called a "lifesaver" by pregnant women across the world.
- Convenient – Washing your pregnancy pillow shouldn't be like taking a sleeping bag to the Laundromat – and with the Belly Rest, it isn't. Just throw it in your washing machine along with like colors and tumble dry low. No slipcover to mess with, no roll of quarters required.

Fairhaven Health really puts quality first for the health and wellness of mother and baby. A great company with a great resource for your daily pregnancy and postpartum needs.

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