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Have a Better Breastfeeding Experience with Fairhaven Health

24 SEP | 2014

posted by JANESSA 40 COMMENTS



Breastfeeding – for me it's been a love/hate relationship. I am SO thankful that I'm able to nourish my babies in this way, but I had no idea it would be so hard. I've always struggled for the first few months with extreme engorgement followed by a large oversupply. Other moms I know have the opposite problem and struggle to produce enough milk. One thing I've learned through my breastfeeding years is that a good support system is crucial. You need both friends/family who will encourage you AND products designed with breastfeeding in mind. I can't help you with the friends and family part (well, I can – if you need encouragement, I'm always just an email away!) but I can help you with some great products to support you in your breastfeeding journey. Let me introduce you today to Fairhaven Health!

Fairhaven Health is a one-stop shop designed to support you through infertility, pregnancy, and breastfeeding, providing supplements and other specialty supplies. I was recently sent a number of their breastfeeding products to review (at no cost, to facilitate this review) including their Nursing Blend Breastfeeding Supplement, Nursing Postnatal Breastfeeding Multivitamin, Nipple Nurture Balm, Milkies Nursing Time Tea, Milkies Milk Saver, & Milkies Freeze.

Milkies Milk Saver

Did you know that most nursing moms leak (and therefore lose) 1-4 ounces of milk every time they nurse a baby. All that wasted milk can really add up! That's why Milkies created the Milk Saver. This handy little thing fits around the nipple on the non-nursing side, then the milk collects in the unit OR in a milk storage bag. The Milk Saver is flexible enough to be comfortable, yet firm enough to hold milk. It comes in a travel case that also doubles as a stand. I find that when I use this, especially if it has been 3 or more hours since Zelle's last feeding, I'm able to save 1-2 ounces of milk (with no pumping!). The Milkies Milk Saver is priced at \$27.95.



Fairhaven Health is a great source for your breastfeeding needs! Check them out today!

Connect: Find out more about Fairhaven Health and all of the great products they sell by visiting their website. Then "like" them on Facebook and follow them on Google+, Pinterest, Twitter, and Instagram.

Buy It: All of the products I mentioned above are available directly from the Fairhaven Health website.

Win It: One lucky reader will win a prize package featuring the items mentioned above!

Enter to win a Breastfeeding Support Prize Package, from Fairhaven Health valued at \$120!

September 24th - October 8th 2014
ThriftyNiftyMommy.com

This giveaway is open to residents of the US who are 18 years of age or older. This giveaway will end at 11:59pm EDT on October 8th 2014. Enter using the Giveaway Tools entry form below. Good luck!

support a {blogger} if you liked this post...
--click this banner every time you visit to vote for me--
YOUR VOTE WILL HELP ME BE #1 ON TOP MOMMY BLOGS & MAKE MY DAY!

Fairhaven Health
Entries: 8767
This giveaway has ended.
A winner will be announced soon.

sept. 24 - oct. 8
it's a free for Fall
host: Blogging Mamas Network
giveaway hop

We are excited to be participating in the It's a Free for Fall Giveaway Hop, hosted by the Blogging Mamas Network.

The days are getting a bit cooler and Fall is just around the corner! We're celebrating the upcoming season with a fun giveaway hop. Each blogger in the hop has a prize for you worth at least \$25, so don't forget to hop around to them all in the linky at the bottom of this post. Now that you've entered this giveaway, hope around to the others!

- Blogging Mamas [HOST] - \$45 - US
- So Easy Being Green [Co-Host] - \$140 - US
- Spit Up is the New Black - \$31 - US
- An Ordinary Housewife - \$29 - US
- Director Jewels - \$30 - US
- The Review Wire - \$25 - US
- ABCD Diaries - \$50 - US
- A Modern Day Fairy Tale - \$30 - US
- The Tween & Me - \$25 - US
- Gator Mommy Reviews - \$25 - US
- Atta Mama - \$75 - US
- Karen's Got Mail - \$63 - US
- Nanny to Mommy - \$30 - US
- The Kids Did It - \$25 - US
- Live Laugh Love Post - \$25 - US
- The Anti June Cleaver - \$55 - US
- SaraLee's Deals Steals & Giveaways - \$50 - US
- Mom To Grandma - \$95 - US
- Literary Winner - \$38 - US/CAN
- CouponWAHM - \$25 - US
- Scandalous! - Candles Melts - US
- Crunchy Livin' Mama Style - \$25 - US
- 3 Partners in Shopping - \$40 - US
- The Consumer Adviser - \$68 - US
- Mom Of One Having Fun - \$100 - US
- Brittleby's Corner - \$30 - US
- Sugar Cookie Mommy - \$40 - US
- On The Scene with Mrs. Kathy King - \$50 - US
- icefairys Treasure Chest - \$25 - US
- Viva Veltoro [Co-Host] - \$60 - US
- Mama's Baby Cupcakes - \$34 - US
- Thrifty Nifty Mommy - \$120 - US
- Mommy's Favorite Things - \$40 - US
- This West Coast Mommy - \$45 - US/CAN
- Saving Said Simply - \$30 - US
- My Mama Adventure - \$25 - US
- Simply Stacie - \$149 - WW
- Gimme The Scoop Reviews - \$30 - US
- Our Piece of Earth - \$35 - US
- Savings in Seconds - \$37 - US
- The Practically Green Mom - \$50 - US
- Practical Frugality - \$25 - US/CAN
- Moments That Take My Breath Away - \$25 - WW
- I Heart Simple Things - \$25 - US
- princess among superheroes - \$50 - US
- Housewife on a Mission - \$30 - US
- Kelly's Thoughts On Thing - \$25 - WW
- The Bee Hive Buzz - \$25 - US
- Capturing The Moment - \$40 - US
- Coupons and Lesson Plans - \$100 - US
- Deal Sharing Aunt - \$40 - US
- Strange Daze Indeed - \$50 - US/CAN
- ~Serenity Doesn't Come Easy~ - \$75 - US/CAN
- The Mommy Island - \$160 - US
- Diary of a Working Mom - \$84 - US
- Erickson and Co. - \$25 - US
- Dirty Road Daydreams - \$25 - US

This linky list is now closed.

Linky Tools | Linky Blog 2013

Disclosure: I was sent the items mentioned above at no cost to facilitate this review. I have been compensated for hosting this giveaway. So Easy Being Green, Viva Veltoro, the Blogging Mamas Network, and the Free for Fall participating bloggers are responsible for sponsors who do not fulfill prize obligations.



Meet Janessa

has written 4488 post in this blog.
Hi! Welcome to my blog. My husband and I were high school sweethearts who married over 9 years ago. We now have 3 children: Maggie (age 4), Jacob (age 2) and Zelle, our baby born in June. I love sharing about the great products I find that help to make our lives easier, while also talking about some of my passions like home birth & natural childbirth, travel, Disney, and living a semi-green life.

View all posts by Janessa → | Blog | Twitter

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UP ON THE HILL

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Celestial Seasonings Prize Package 13 Days Left	FinFun Mermaid Tails 12 Days Left
Evenflo Feeding Prize Package 11 Days Left	Pampers & Babies'R'Us Prize Package 5 Days Left
Summer Infant Bentwood Booster Seat 9 Days Left	Graco Playard with Nuzzle Nest Sway Seat 8 Days Left
Baby Brezza One Step Baby Food Maker 7 Days Left	Petunia Pickle Bottom ERGObaby Carrier 6 Days Left
\$150 Amazon Gift Card 3 Days Left	Britax Affinity Stroller 3 Days Left
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Best of 2014 Prize Package (ARV \$440) 10 Days Left	

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- FinFun Mermaid Tails Giveaway
- Evenflo Feeding Prize Package Giveaway
- Pampers & Babies'R'Us Halloween Giveaway
- Kohl's \$250 Gift Card Winner #Yes2You
- Enter to win a Summer Infant Bentwood Booster Seat! #Giveaway
- Graco Playard with Nuzzle Nest Sway Seat Review
- Graco Playard with Nuzzle Nest Sway Seat Giveaway
- Enter to win a Baby Brezza One Step Baby Food Maker! #Giveaway
- Help Turn the Tables on Child Hunger in America and Share a Meal #BrightFuture #ShareAMeal
- Top Ten Movies You Should Watch on a Cold, Rainy, Fall Afternoon

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