



Thursday, October 8, 2015

Fairhaven Health Fertility Ovulation Tests & Pregnancy Test Strips

 3:14 PM |  Posted by [Lucy Mills](#)

If you're trying to conceive or even just thinking about having a baby, something that is very valuable in detecting the most fertile time in your cycle are ovulation test strips. Ovulation Test Strips indicate a peak in a specific hormone giving you a time window to work extra hard on getting pregnant. I'm all about making it easy and when my husband and I decided we'd try for #4, I wanted the best ovulation test strips on the market. Fairhaven Health has many fertility products available on their website- www.fairhavenhealth.com or on [Amazon](#) and I trust this company so I turned to them first. I was sent a **BFP Test Strip Big Bundle** to review in exchange for an honest thorough review.

This kit contains 30 Ovulation Test Strips and 10 Early Pregnancy Test Strips. Each strip is individually packaged and are very easy to use. First, let's talk about the ovulation strips.

BFP Ovulation Test Strips



- over 99% accurate
- detect ovulation 24-48 hours in advance
- cost as little as 50¢ each

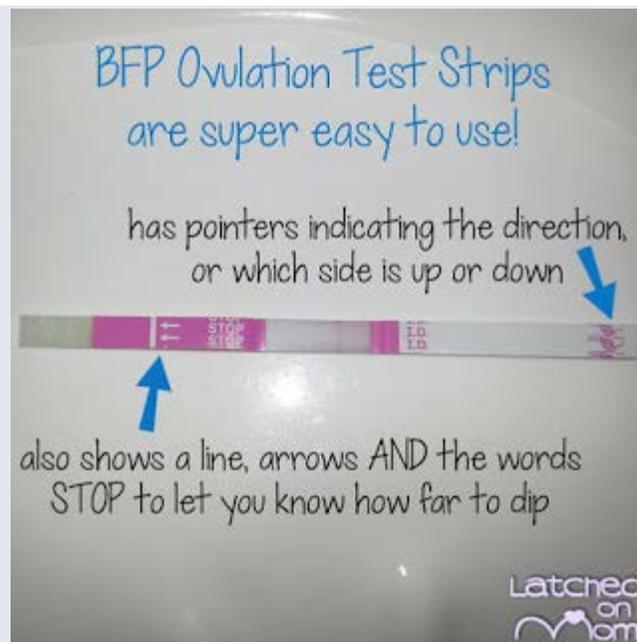
Latched
on
Mom



BFP Ovulation Test Strips dip into
collected urine & provide results
within 5 minutes

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The ovulation strips are over 99 percent accurate, they detect ovulation 24-48 hours in advance and cost as little as \$.50 each! All you do is find a certain time a day that works best for you to use them. Pee into a miniature cup and dip the tip of the test strip in then set it down on a flat surface and wait a few minutes. If you see two lines, you're ovulating!



The **BFP Ovulation Test Strips** clearly direct you how to use them, just pay attention to the marks on the strip. There is a leaflet with more directions included in the package that is very helpful in being able to read the results.

I was not ovulating in the image above. My cycles are between 30-32 days. I tested on day 20. I use an android app that said I was past my ovulation time frame, but I wanted to double check as this was the very first time I used an ovulation test strip.

As you can see, there is one line- the control line. Two lines indicate that the hormone has been picked up, but you want that second line to be very strong, as strong as the control line. Then you know it's time for bedroom business.

It's recommended to test 1-2 times a day and at the same time every day. Below is a helpful chart from Fairhaven Health to help you know when to test for ovulation.

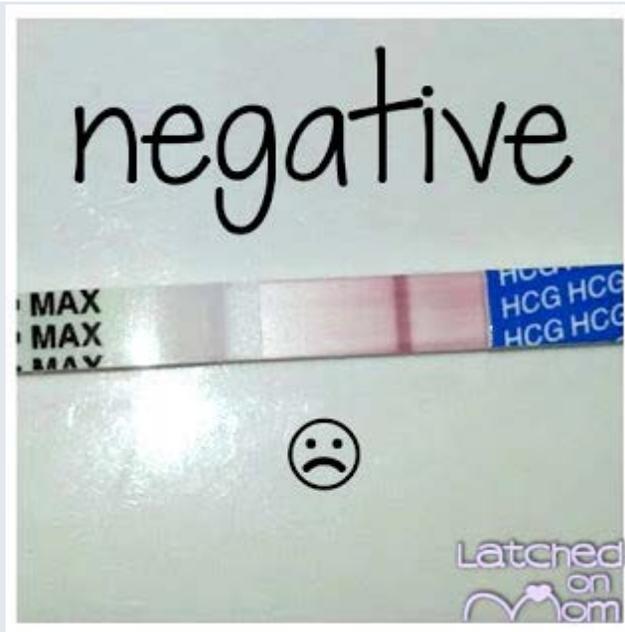
However, using an app on your phone like I do may be beneficial in finding the best day to test as well. You can read my post **5 Signs You Are Ovulating & More TTC Tips** to read more about how to tell if you're ovulating.

| Length of cycle | Begin testing this many days after your last period began |
|-----------------|---|
| 21 | 5 |
| 22 | 5 |
| 23 | 6 |
| 24 | 7 |
| 25 | 8 |
| 26 | 9 |
| 27 | 10 |
| 28 | 11 |
| 29 | 12 |
| 30 | 13 |
| 31 | 14 |
| 32 | 15 |
| 33 | 16 |
| 34 | 17 |
| 35 | 18 |
| 36 | 19 |
| 37 | 20 |
| 38 | 21 |
| 39 | 22 |
| 40 | 23 |

Now let's move on to the **BFP Early Pregnancy Test Strips**.



These pregnancy test strips are reliable- over 99 percent accurate, they can detect pregnancy 4 days before your missed period and cost as little as \$.50 each! I figured might as well try the pregnancy test out too at the same time I did the ovulation test.



It was negative (but surprise I was actually pregnant!!!) so I figured I'd test one more time- in a week- when my period was due.



This was a HUGE surprise, we thought it'd take months to conceive because of my recent diagnosis with Hashimotos. We are so happy to announce we are expecting #4 in May 2016! I'm looking forward to reusing cloth diapers we purchased for Karebear (who just turned 2 and is potty-training), I'm super ready to lactate again and I cannot wait to have a little squish wrapped up on my chest to cuddle all day long!

What's my favorite thing about this product? Everything is there, you get all the test strips you need for at least 2 months and if you're already efficient at tracking ovulation you could make this kit last 6 months or more!

Is there anything I'd change about this product? Nope. I'm extremely satisfied

with these strips and I highly recommend Fairhaven fertility products to anyone who is TTC.

I give the BFP Test Strip Big Bundle a 10/10!

Please take a moment to LIKE [Fairhaven Health Fertility on Facebook](#) for special fan discounts and promotions! Don't forget to also FOLLOW on [Twitter](#) and [Instagram](#)!

Thanks for reading this review! Have you tried any ovulation test strips or pregnancy test strips?

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