

DOMESTICATED working WOMAN

HOME ABOUT ME HEALTHY LIFESTYLE FITNESS MOMMYHOOD FASHION

MONDAY, JANUARY 27, 2014

MILKIES | REVIEW AND GIVEAWAY!

Warning: you are about to read a post about breast feeding. Don't say I didn't warn you (men).

When I read about this product, I was immediately intrigued. There are certain things people just don't tell you about pregnancy or motherhood and you learn as you go.

Which reminds me, are any of you interested in a mini-series of "What People Don't Tell You" in regards to those things? I've been thinking it would have been convenient for me to have read before embarking on this journey.

One of those things is that when your breasts become full of milk, they will often leak. I swear its like they sense the baby or something. He cries. They leak. I look at him lovingly. They leak.

I did not realize (due to good nursing pads) that while I am nursing on one side, the *other* side is continuously leaking as well. No big deal - there's a nursing pad there. **Until** you realize how much milk is leaking out and just being absorbed by that pad.

Breast milk is liquid gold.



That's where the **Milk Saver** comes into play! While nursing on one side, you wear the **Milk Saver** inside your bra on the other side and it collects any leaking milk while you nurse. What seems like such a simple concept, has been an amazing tool for me! In one day I can collect 1-2 ounces of breast milk just from leaking. That's half a bottle right now!

Milkies also sent me a **Milkies Freeze** to review and giveaway. This thing is **genius**. It organizes your frozen, bagged milk based on a first in, first out system. It freed up a lot of space in my freezer and took out the guessing game when it came to figuring out which milk needed to be used up first. Let's face it, even with good labeling, things can become disorganized or lost in a freezer.



Not just that, the **Milkies Freeze** also has a quick freeze feature. You put your milk in the freezer bag and then set it on the metal plate atop the freezer for seconds and it is frozen and ready to put into the organizer. *Like I said, genius!*

SOCIALIZE



Follow me on [bloglovin'](#)

GRAB MY BUTTON



`<div align="center"><a href="http://domesticatedworkingwoman.blogspot.com" title="Domesticated`

FOLLOWERS

Join this site with Google Friend Connect

Members (261) [More »](#)



Already a member? [Sign In](#)

FOLLOW BY EMAIL

Email address...

Submit

GOOGLE+ BADGE



Lindsay Garvey

[g+](#) Follow

90 followers