

LIVING IN RANDOM

Products to Pamper Mom During Pregnancy

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~I received products to pamper mom during pregnancy for the purpose of reviewing. Opinions and stories are my own.~

Pregnancy can be really hard on Mom both physically and mentally. I am on my third pregnancy and somehow I feel it gets harder with each one. Maybe it is just me getting old...ha! During this time I like to try and put myself first and really take care of myself. Here are awesome products to help pamper mom during pregnancy.



For me the first trimester was downright brutal! I could hardly get out of bed and I was vomiting throughout the whole day. During those times all I could really get down was some liquids and light snacks. One thing that I could get down was the [peapod Tea for Two: A Tea for Pregnancy](#) which is an organic pregnancy tea to support a healthy pregnancy and help with nausea.



Tea-for-Two is a loose-leaf baby-safe herbal tea made from a select blend of wildcrafted and organic ingredients that have been used for centuries to tone and relax the uterine muscles, strengthen the womb throughout the pregnancy, and prepare the body for labor and childbirth. All-natural, caffeine-free, and with a delightful aroma both right out of the package and once brewed. I plan to use it during the entire pregnancy and it is also recommended for postpartum recovery. It says you can also make it to be frozen into “lozenges” or ice pops to alleviate severe nausea and prevent dehydration but I have not tried that yet. I am not normally a big tea drinker but I absolutely love this stuff! It has become a staple for me this pregnancy.

If you know any pregnant moms out there these are all products to help pamper them during this huge event in their lives. Anything to make their lives easier is worth it. My pregnant self likes these items so far and I plan to use them throughout my pregnancy.