



# Emily's Latest

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SATURDAY, APRIL 21, 2012

## Fairhaven Health DreamBelly Butter - Review

I have worked several times in the past with Fairhaven Health and jumped at the chance to test out and review the new DreamBelly Stretch Mark Butter.

You may recall that while I was pregnant, I used DreamBelly Stretch Mark Cream daily on my ginormous belly. I managed to pack on about 50 lbs while I was pregnant - yowza! Yet I made it through without a single stretch mark from pregnancy. You can read my previous review of DreamBelly Stretch Mark Cream if you want the full story.

Just for fun, here's my enormo belly on one of the last days of pregnancy, while I was in labour. You will have to excuse the nasty pyjama pants, I was scraping the bottom of the dresser for anything I could get on at that point:



Not one stretch mark! Hooray! I'm not posting a belly shot now - oh, how I miss the days of flat pre-preg belly that was not squishy in the least - but I assure you, it's still stretch mark free.

So, I can personally attest to the awesomeness of that product, and although I am not pregnant (no, this review is not an announcement!) DreamBelly Butter was something I needed to try. With our recent move to Calgary from Ontario, I have realized just how much the humidity (or lack thereof) affects my skin. Calgary is dry as a desert bone and I'm headed that way, too. I was in desperate need of moisture.



DreamBelly Butter has natural ingredients, safe for pregnancy - and honestly, why would you want to use anything that is not safe for pregnancy, even when you're not pregnant? DreamBelly Butter:

- Combines the healing power of rosehip oil, aloe vera, honeysuckle and grapefruit, to protect and regenerate skin, and provide soothing relief from itchiness
- Provides deep moisturizing from natural butters and oils with no greasy, slippery feeling
- Has the mild, pleasant fragrance of milk and honey
- Contains no petroleum products, parabens, artificial colors or artificial preservatives

I love the very light scent - to me it smells sweet like candy, but not in a sticky, fake way, like so many lotions. It's just really nice. Feminine without being girly, flowery or powdery.

The best thing about it is the feel. It is thick and absorbs well without leaving a greasy feeling on your skin. You can really feel it moisturizing, but you don't feel slippery or oily at all. I can't stand applying lotion and then feeling like it's going to get all over my sheets or clothing. DreamBelly Butter goes on and soaks right in. Lovely. I just checked out the reviews on their site, and it looks like other women love it just as much as I do - all 5 star reviews.

One of the things I respect about Fairhaven Health - and this goes for all their products - is that they provide a complete ingredient list on their website for each product. **Everything I have tried from them has been fantastic quality.** Although I write a lot of reviews, I don't always gush - but this company has me gushing. It's good stuff.

### MY GIVEAWAYS & REVIEWS

coming soon:  
Sibu Beauty

on now:  
Fairhaven Health - DreamBelly Butter review and giveaway! (5/8, CDN/US)

### ABOUT ME



**EMILY B**  
I live in Canada with my husband, one-year-old daughter, and our dog. I'm an artist by profession and a 'maker' for the love of it (vegetarian cooking, baking, sewing, gardening, etc!). Enjoy your stay, find something fun to link to, have a great day!

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